



Epicenter Supplies LLC
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GOURMET RESERVES PRIMARY SYSTEM THREE MONTHS

Highlights

- Lowest cost per meal for quality basics
- Makes an excellent core food program on which you can build your special needs
- Calories are derived from nutritious foods, not sugar
- A large quantity of food can be stored in a small area
- A 26% no cook feature
- Designed for one person for three months

# Cans	Servings per Can	# Cans	Servings per Can
FRUITS / DESSERTS		BEANS / GRAINS / PEAS	
1	36	1	11
1	28	1	11
DAIRY / EGGS / BREAKFAST		2	10
2	32	3	12
1	44	2	9
2	30	4	12
VEGETABLES		1	12
1	21	6	11
1	32	MISCELLANEOUS	
		1	108
		1	100
		2	185
		Calories per person per day (approx): 2,129	
		Total calories: 191,620	
		Number of cans: 33	
		Approx. shipping weight: 162 lbs	
		Shipping dimensions (storage area): 4'x3.25'x2.25'	

* = Cooking Required

System includes: Plastic lids, can opener, and cookbook.
 All products are packaged by weight not volume.

The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.