



## GOURMET RESERVES GOURMET SUPREME SYSTEMS™

### Gourmet Supreme - One Year for One Person

# Cans	Servings per Can	# Cans	Servings per Can
<b>ENTREES</b>		<b>DAIRY / EGGS</b>	
3	12	1	36
3	10	18	10 qts
3	11	<b>SNACKS / READY-TO-EAT</b>	
3	12	4	25 ea
3	12	3	320 tsp
3	18	4	25 ea
3	12	24	66 ea
3	12	<b>VEGETABLES</b>	
3	12	1	5
3	12	2	55
3	12	1	21
3	12	2	21
3	12	6	43
3	12	6	21
3	11	2	32
<b>SOUPS</b>		<b>MISCELLANEOUS</b>	
6	20	1	78 tsp
6	20	1	630 tsp
6	20	4	185 cups
<b>BREAKFASTS</b>			
6	22		
6	8		
12	30		
6	28 eggs		
<b>FRUITS / DESSERTS</b>			
6	20		
4	36		
6	48		
6	28		
4	6, ¼oz		
4	12, ¼oz		
4	12		
		<b>Calories per person per day (approx): 1,808</b> <b>Total calories: 660,070</b> <b>Number of cans: 198</b> <b>Approx. shipping weight: 410 lbs</b> <b>Shipping dimensions (storage area): 3.25'x3.25'x4'</b>	
FD = Freeze Dried		System includes: Plastic lids, can opener, and cookbook.	
* = Cooking Required		All products are packaged by weight not volume.	

The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.

**Epicenter Item Code: "GR-Supreme1"**