



GOURMET RESERVES GOURMET SUPREME SYSTEMS™

Gourmet Supreme – Three Months for One Person

# Cans	Servings per Can	# Cans	Servings per Can										
ENTREES		DAIRY / EGGS											
1	12	1	36										
1	10	4	10 qts										
1	11	SNACKS / READY-TO-EAT											
1	12	2	25 ea										
1	12	1	320 tsp										
1	18	2	25 ea										
1	12	6	66 ea										
1	12	VEGETABLES											
1	12	1	5										
1	12	1	21										
1	11	2	21										
SOUPS		MISCELLANEOUS											
1	20	1	78 tsp										
1	20	1	630 tsp										
1	20	1	185 cups										
BREAKFASTS													
1	22												
2	8												
3	30												
1	28 eggs												
FRUITS / DESSERTS													
1	20	<table border="1"> <tr> <td>Calories per person per day (approx):</td> <td>2,043</td> </tr> <tr> <td>Total calories:</td> <td>183,856</td> </tr> <tr> <td>Number of cans:</td> <td>54</td> </tr> <tr> <td>Approx. shipping weight:</td> <td>140 lbs</td> </tr> <tr> <td>Shipping dimensions (storage area):</td> <td>1.75'x1.75'x4'</td> </tr> </table>		Calories per person per day (approx):	2,043	Total calories:	183,856	Number of cans:	54	Approx. shipping weight:	140 lbs	Shipping dimensions (storage area):	1.75'x1.75'x4'
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Shipping dimensions (storage area):	1.75'x1.75'x4'												
1	36												
1	48												
2	28												
1	6, ¼oz												
1	12, ¼oz												
3	12												
FD = Freeze Dried		System includes: Plastic lids, can opener, and cookbook.											
* = Cooking Required		All products are packaged by weight not volume.											

The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.

Epicenter Item Code: "GR-Supreme3"