



**Epicenter Supplies LLC**  
**384 Wallis St #2**  
**Eugene, OR 97402**

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**GOURMET RESERVES GOURMET SUPREME SYSTEM  
 45 DAYS**

- Very lightweight and compact
- Foods are prepared quickly
- Minimal fuel required for preparation
- Largest selection of "Just-Add-Water" entrees
- Entrees include beef, chicken and turkey
- A 100% no cook feature. Simply use hot water. In an emergency, cold water can be used. Hot water rehydration time is 10 to 15 minutes. Cold-water rehydration time is 45+ minutes.
- Designed for one person for 45 days

# Cans	Servings per Can	# Cans	Servings per Can
<b>ENTREES</b>		<b>DAIRY / EGGS</b>	
1	Chicken Gumbo	10	
1	Mountain Chili	12	
1	Potatoes & Cheddar w/ Chives	18	
1	Stroganoff Flavored w/ Beef & Noodles	12	
1	Texas BBQ Chicken	12	
1	Western Style Tamale Pie w/ Beef	11	
1	Alpine Minestrone Soup	20	
<b>SOUPS</b>		<b>SNACKS / READY-TO-EAT</b>	
1	5-Grain Fruit & Nut Instant Cereal	22	
2	Blueberry Honey Granola w/ Milk	8	
1	Granola, Fat Free	30	
1	Scrambled Eggs (Cooked, FD)	14	
<b>BREAKFASTS</b>		<b>VEGETABLES</b>	
1	Apple Almond Crisp	20	
1	Apples, Diced (Dehydrated)	48	
2	Date Pieces	28	
1	Sweet Rice Pudding	12	
<b>FRUITS / DESSERTS</b>		<b>MISCELLANEOUS</b>	
1	Apple Almond Crisp	20	
1	Apples, Diced (Dehydrated)	48	
2	Date Pieces	28	
1	Sweet Rice Pudding	12	
		<b>Calories per person per day (approx): 2,072</b> <b>Total calories: 93,245</b> <b>Number of cans: 26</b> <b>Approx. shipping weight: 62 lbs</b> <b>Shipping dimensions (storage area): 3.75'x2.5'x1'</b>	

FD = Freeze Dried  
 \* = Cooking Required

System includes: Plastic lids, can opener, and cookbook.  
 All products are packaged by weight not volume.

*The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.*