



**Epicenter Supplies LLC**  
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**GOURMET RESERVES VERSATILE SYSTEM™**  
**SIX MONTHS**

Highlights

- High degree of preparation versatility
- Expanded variety of menu options
- Higher calorie values
- Foods which cover needs in both short-term and long-term emergency situations
- Includes meatless entrees
- A 56% no cook feature
- Designed for one person for six months

# Cans	Servings per Can	# Cans	Servings per Can
<b>ENTREES</b>		<b>BEANS / GRAINS / PEAS</b>	
1	Mountain Chili	12	3
1	Mushroom Pilaf w/ Vegetables	12	1
1	Potatoes & Cheddar w/ Chives	18	1
1	Santa Fe Black Beans & Rice	12	3
<b>SOUPS</b>		1	1
1	Alpine Minestrone Soup	20	3
<b>BREAKFASTS</b>		3	1
1	5-Grain Fruit & Nut Instant Cereal	22	3
1	Blueberry Honey Granola w/ Milk	8	3
1	Granola, Fat Free	30	1
<b>FRUITS / DESSERTS</b>		1	3
1	Apple Almond Crisp	20	3
1	Apple Flakes (Dehydrated)	36	1
1	Apples, Diced (Dehydrated)	48	4
1	Date Pieces	28	3
<b>DAIRY / EGGS</b>		1	3
1	Cheddar Cheese Powder	36	3
6	Nonfat Dry Milk Powder (Instant)	32	1
2	Scrambling Omelet Egg Mix	44	1
<b>SNACKS / READY-TO-EAT</b>		1	9
2	Cheese Spread (1 oz pouches)	25	9
2	Honey, Pure (5 lb)	108	9
2	Peanut Butter (1.12 oz pouches)	25	9
4	Royal Crème Crackers	33	11
		<b>VEGETABLES</b>	
		1	55
		1	21
		1	21
		1	43
		1	21
		1	32
		<b>MISCELLANEOUS</b>	
		1	100
		2	185
		<b>Calories per person per day (approx): 2,151</b> <b>Total calories: 392,564</b> <b>Number of cans: 77</b> <b>Approx. shipping weight: 350 lbs</b> <b>Approx. Shipping dimensions (storage area): 1.75'x1.75'x3'</b>	
FD = Freeze Dried		System includes: Plastic lids, can opener, and cookbook.	
* = Cooking Required		All products are packaged by weight not volume.	

The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.