



Epicenter Supplies LLC
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GOURMET RESERVES VERSATILE SYSTEM ONE YEAR

Highlights

- High degree of preparation versatility
- Expanded variety of menu options
- Higher calorie values
- Foods which cover needs in both short-term and long-term emergency situations
- Includes meatless entrees
- A 56% no cook feature
- Designed for one year for one person

# Cans	Servings per Can	# Cans		Servings per Can
ENTREES			BEANS / GRAINS / PEAS	
1	12	6	Cornmeal*	11
1	12	2	Couscous (Precooked)	20
1	18	6	Lentils (Dehydrated)	32
2	12	2	Lentils (Regular)*	11
2	12	2	Pasta (Instant)	7
		6	Oats, Rolled (Regular)*	10
		6	Pearled Barley*	12
1	20	2	Pinto Beans (Dehydrated)	32
1	20	6	Pinto Beans (Regular)*	9
		2	Rice, White (Cooked, Instant)	32
		9	Rice, White (Long Grain)*	12
1	22	6	Split Peas, Green*	12
2	8	2	Textured Vegetable Protein (TVP)	9
6	30	12	Wheat, Hard*	11
SOUPS			VEGETABLES	
1	20	2	Carrots, Diced (Dehydrated)	55
1	20	2	Corn, Sweet (FD)	21
		1	Onions, Chopped (Dehydrated)	40
		2	Peas (FD)	21
		2	Potatoes, Diced (Dehydrated)	43
		2	Potatoes, Mashed (Instant)	21
		1	Tomato Powder	81
		2	Vegetable Mix	32
BREAKFASTS			MISCELLANEOUS	
1	22	1	Sea Salt (7 lb)	100
2	8	4	Columbian Coffee, Spray Dried	185
6	30			
FRUITS / DESSERTS			Calories per person per day (approx): 2,045 Total calories: 746,433 Number of cans: 148 Approx. shipping weight: 635 lbs Approx. Shipping dimensions (storage area): 3.25'x3.25'x3'	
1	20			
2	36			
2	48			
2	28			
DAIRY / EGGS			System includes: Plastic lids, can opener, and cookbook. All products are packaged by weight not volume.	
1	36			
12	32			
3	44			
SNACKS / READY-TO-EAT				
3	25			
4	108			
3	25			
9	33			

FD = Freeze Dried

* = Cooking Required

The manufacturer reserves the right to make substitutions of items of equal or greater value in this food system.